
Evolution of the Management of Al-Mahara College for Nursing in Tobruk

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Abstract

Recently, the health of individuals has been considered one of the most important human rights, and medical education has become an economic source and tributary that provides the country with human resources to build a healthy society free of diseases. This research presents a general idea of health medical education and highlights health education activities perspectives that can contribute to the development: the fields of nursing, pharmacy, medical technology, and midwifery. All of them fall within the curricula that respond to the increase by getting acquainted with the paths of medical education in the Al-Batman region.

The role of training comes as a difficult task that must be dealt with, highlighted, and focused on the means that work to develop and develop it, and the need to dedicate it in the medical future. It is included within the scientific program of institutes and colleges that supervise medical and health education through the development of teachers and educational leaders.

This research proposes to train graduates to become tomorrow's teachers are not only skilled but also able to keep pace with the ever-evolving world and thinking in deeper areas for the benefit of society, also in the hope that those who can turn to become more involved and active with medical institutions, medical research centers, and health care homes in the future and work to develop advanced medical courses.

Keywords: Nursing, Management, Medical Institutions.

Introduction

Proper healthcare is often complicated for people living in rural areas because of the scarcity of appropriately educated local and rural healthcare workers, distance, time, and cost of travel to areas where health facilities are available and are more urban.

This rarity is caused by a lot of factors including medical education, the health system, and the lack of conditions for effective health practice, as may be the result of the social conditions in those areas, which are organizational, societal, personal, family, and financial considerations are all taken into consideration for adequate and sustainable development.

As for the manpower, the rural doctor is required to fulfill the commitment and cooperation with the community to which medical services are provided. Medical schools must also be run within a social framework where the practical part of the study is represented in the form of field visits to the areas most in need of medical services, all of which are duties within the accountability before the community health departments in those regions.

A Review of Previous Studies

Through this study, we address concepts about health, medicine, medical and health education, the definition of a doctor, and a health teacher. It has been universally agreed that health is not just a circumstance in which one lives freely from the state of health or disease, but it is collective and societal that all individuals care about physically and intellectually for the safety of society.

Community health means a lot because it generally refers to a condition of freedom from physical pain or symptoms of illness. The need for excellent health is not limited to a specific area pertaining to man alone, a particular sect, sect, people of

the same belief, or a specific race of people but it is a human right for all individuals. There are a lot of advantages of healthy living, bodies evolve to be free from disease, and exist various forms of disorders affect people's health; therefore, a person can be infected with them and without being exposed to them may live in health for a longer life. In every area of life, a healthy person can be able to take responsibility as best he can to achieve strong progress in the general quality of life.

A healthy person can be a valuable and thus healthy member of society and can spend a life devoid of any experience with illness, pain, and aches. Moreover, when the citizen is in good health, looks attractive, and can lead in his duties a lively life even after getting old. This is the reason being that the body may be able to fix the usual imbalance associated with aging factors. To stay healthy is very important for the proper growth and development of children, their minds, and their bodies. So, they need a suitable diet that includes proteins, carbohydrates, calcium, and minerals, to get enough energy and full participation in field activities.

Citizens must have basic knowledge of food and health as well as related issues, get regular family health check-ups and follow-up health records for each child. In this way, files containing information, the most important of which is health records, will be available.

Problems can be prevented in the future. Excellent health has a constructive effect on excretion efficiency in healthy generations. Accordingly, the educational institution of medical sciences must also apply an early standard for health care for students as well as for community members through its course of action [1-3].

Over the past few years, the main causes of poverty have centered around poor living conditions that lead to diseases, injury, and mental anxiety, as it was observed that many of these people follow an inappropriate diet, lack of hygiene, unhealthy lifestyle, and neglecting the importance of healthy living in one way or another.

People all over the world also face health problems resulting from environmental pollution arising from economic and industrial activities, which leads to infectious diseases are a growing concern. The people affected by more health threats, most of which were a direct result of the deterioration of the relationship between man and nature physical, chemical, and biological as well as population growth and development pressures associated with increasing difficulties in the effective conservation of the environment and health programs and policies. Industrial and animal waste is one of the most dangerous causes of diseases, and airborne pollutants all contaminate water. Keep in mind that soil pollutants are among the environmental threats to public health.

Bio-accumulative contaminants in food baskets and new solutions are required, the most sophisticated. There can be a lot of dangerous conditions from ingesting or inhaling only a small amount of these pollutants. For example, we find that elderly or young children are particularly exposed to many of these pollutants. Understanding environmental and ecological health is a prerequisite for protecting public health [4-6]. Investigation, prevention, or control of diseases to prevent epidemic outbreaks involves coordination between states and medical organizations using science, which can play an important role in providing scientific knowledge and information that can improve understanding of human health and medical education. Hence the importance of medical education is a basic domain that focuses on how the citizen can help the community to maintain a high level of efficiency and performance.

It's a rehabilitation process for good doctors, they serve the community and thus help department officials in rural areas to continue to obtain the capabilities required to perform better protection and health care. Matching medical sciences with social reality must include basic knowledge so that it is proportional to the attitudes facing societies and the characteristics of individuals in rural and urban areas do not even

happen professionalism in practice. So, the focus is on basic inquiries about the method that should be followed by higher institutes and medical colleges, it must be proportionate to these data. Trainees in healthy speech should contain inquiries in their statements including the physical and mental health of the patient.

It includes information about social and personal behaviors relationships, and financial status [7]. It is also necessary for medical students to be skilled in the field of social environment wherever they are directed in order for the conditions of quality to be met; or what it means to be interested in new ideas. So that the researcher in the medical field is aware of the additional knowledge and performs scientific matters and applications with good skill. When the researcher is positive, knowledge becomes the source of inspiration, and this is the uncommon challenge in the field of health, which requires more effort with the ambiguity that characterizes closed societies in the countryside, as they are conservative societies at all times for the purpose of evaluating facts. This is learning that can be made easier for medical staff and paramedics to help out doctors and nurses who direct change in favor of a healthy culture of society. Dealing with medical education activities is what it reveals increased information and insights from modern practices, and the ever-changing scenario while there is a need to be an administrative program firm, and far from contradictory and can adjust to the central values of skill during practice.

The adoption of methods that determine responsibility and scrutiny of teaching ability in higher institutes and medical colleges is considered a basis for completing scientific and social tasks for the benefit of society.

However, it is a very imperative issue. The multiplicity of roles that the teacher plays in the medical educational institution are new additions to information. Developing resources and enriching scientific values in his practical field [9]. With regard to private medical colleges, it is a familiar fact that a percentage of the population makes less effort than required to teach their children in these difficult areas. And in most

countries, it is distributed health services commensurate with the population in the regions medical education often depends on the spirit of the group, what is scientifically known as the spirit of the team based on practice, which is recommended by the names of the final stages in graduation [10].

Interest in medical education contributes to the spread of useful educational innovations it suggests many recent discoveries such as orthopedic and nursing methods closely related to the national institutions because it is a creative way to finance the scientific field with more young human resources to face crises and predicting solutions that guarantee the future [11].

Conclusion

Through this study, in short, we conclude that every graduate of medical institutions should be able to understand the importance of health for every individual, whether young or old, family and community families. And that good health has a tremendous impact on the general population in terms of upholding efficiency, performance, and better control of lifestyles. Staying away from unhealthy practices such as smoking, drinking water contaminated with heavy elements, eating foods that contain a large percentage of fat, and not.

Exercising regularly, or venturing into taking mental stimuli, drugs of all kinds, and alcohol is also one of the methods of neglecting the maintenance of mental and psychological health. Encouraging new and more accurate ideas in the field of community health, gender, and so on. Effort and time management are all essential to health and community peace.

In this study, we recommend that medical education be effective and thus play its role towards interesting innovations related to development, modernity, and

noteworthy schemes, covering the main issue is the importance of human health and health care.

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